



Illness and Immunizations Policy 2026

Sunrise Child Development Center understands that it is difficult for a parent/guardian to leave or miss work; therefore, it is suggested that alternative arrangements be made for occasions when children must remain at home or be picked up due to illness. Exclusion from the center is sometimes necessary either to reduce the transmission of illness or because the center is not able to adequately meet the needs of the child.

The State of Connecticut Law and the Department of Education require complete primary immunizations and a health assessment by a physician for children's birth - 5 prior to entering an early childhood program in Connecticut.

For your child's comfort, the Director or a staff member in charge will ask you to **keep your child at home after giving immunizations**. We highly advise you to make doctor appointments in the afternoon just in case your child receive vaccine while doctors' visits.

To reduce the risk of contagion, we ask that children **be picked up within 1.5 hours of notification**. Until then, your child will be kept comfortable and will continue to be observed for symptoms.

Mild illnesses are common among children, and infections are often spread before the onset of any symptoms. In these cases, we try to keep the children comfortable throughout the day. Reasons to exclude children include (but are not limited to) the following:

- Illness that prevents the child from participating comfortably in program activities
- Illness that results in a greater need for care than our staff can provide without compromising the health and safety of other children.
- Illness that poses a risk of spread of harmful disease to others.
- Severely ill appearance

The director/staff have the right to ask for a doctor's note to return for any of the following illnesses but not limited to:

Symptoms/Illness	Readmission Criteria
COVID19: Fever Cough Fatigue Shortness of breath/difficulty breathing	PCR test will be required. If child tested positive will stay home for 5 days is the child is vaccinated or 10 days if child is not vaccinated.

Fever: 100 degrees or greater	Will not return the following day AND be fever free without fever reducing medications for 48 hrs.
Pink Eye/Conjunctivitis: White of eye appears red or pink accompanied with yellow discharge on the corner of the eyes or in the eye lashes. Eyes may appear puffy and itchy.	Will not return the following day AND be on antibiotic drops for 24hours. Eyes should have minimal discharge.

Hand foot mouth disease/Coxsackie: Virus that may cause fever, sores on the hands, feed and inside the mouth. Sores can also appear in the diaper area.	No fever for 24 hours without fever reducing medication, no new sore outbreak and sores have dried out. Should be home for 5 days. Return will be under the discretion of the director.
Vomiting: With showing signs of not feeling well.	Will not return the following day. Then should be 48hrs without vomiting and be back on a normal diet
Diarrhea: With showing signs of not feeling well. 2 or more watery loose stools not associated with change in diet	Will not return the following day. Then should be 48 hours without diarrhea and be back on a normal diet.
Stomach Virus: Vomiting and or Diarrhea Possible fever Stomachache Decrease Appetite Decrease in fluid intake Cranky/Irritable	See above for vomiting and diarrhea, must also be fever free for 24 hours without fever reducing medication.
Influenza/Flu: Sudden onset of symptoms: Fever Body Aches Cough Headache Fatigue Sore throat Occasionally in children vomiting and diarrhea	If a confirmed case of the flu, the child should remain home for at least 5 days. When child returns, they should be fever free, appetite returned, minimal cough, and able to participate in daily activities

Strep Throat: Fever Sore throat Headache Stomachache Rash	May return when child is on antibiotics for at least 24hrs, fever free and acting well.
Fifth Disease: Possible low-grade fever, red slap-like rash on cheeks followed by a lace-like rash on the extremities.	Since the child is contagious before the rash is present it is difficult to prevent. Child will be excluded if shows signs of illness and fever
Roseola: High fever followed by rash	Will not return the following day and be fever free with no fever reducing medications. Once the rash appears, child is no longer contagious.
Cough/Croup/Pneumonia/Bronchitis:	No fever, cough should be at a minimal . Child should not have difficulty breathing and not in respiratory distress. Return to daycare will be under the discretion of the director, health consultant and primary care provider.
Ringworm: circular rash with a scaly border, clearing in the middle	Must be on antibiotic cream for 24hrs.
Molluscum: Viral infection that causes small round raised bumps,	If bumps become infected or oozing lesions will need to be kept covered
Head Lice: Live lice on the scalp or nits attached to the hair shaft	Child with live lice will be sent home. To remain home the next 3 day for hair treatment. May return when child has had a treatment and no longer has live lice. Parents will be asked to check scalp frequently and remove any nits found in the hair shaft.

